**Pursuing the Knowledge of God Session**

1. Do you have a Specific Place to Spend time with God alone?
2. Do you know how to mediate on God’s Word or are you only familiar with the mediation practices of this world?
3. What does parchment mean to you?
4. What does journaling look like when you are told to journal?
5. Many have said “God has redeemed our time”, Do you feel your Time has been restored or redeem?
6. Do you feel like God’s Presence is in the specific place you have designated as the Secret Place?

**The most foundational Scripture when it comes to the secret place: Matt. 6:5**

**“‘And when you pray, you shall not be like the hypocrites. For they love to pray standing in the synagogues and on the corners of the streets, that they may be seen by men. Assuredly, I say to you, they have their reward. 6 But you, when you pray, go into your room, and when you have shut your door, pray to your Father who is in the secret place; and your Father who sees in secret will reward you openly.’”**

1. “Shut your door” i.e. have a specific place.

2. Reasons to shut your door:

a. To shut out.

b. To not be seen by men.

c. To have liberty to be with God.

d. To preserve your intimacy with God.

e. To be instantaneously with your Father.

f. To be rewarded by the Father.